

The Vegetarian Cookbook



E. G. Fulton

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Cookbook from the era of John Kellogg, whose vegetarian meat substitutes Protose and Nuttolene are featured heavily in this volume. Production of this item was available as recently as the mid 2000's via Scandinavia, but any current substitutions could probably suffice if you want to try the recipes. (Matt Pierard)

Total Running Time: 04:51:23 Read by VfkaBT.

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